

HUKANUI SCHOOL NAG 1: Curriculum Delivery

PROCEDURE – HEALTH, PHYSICAL EDUCATION & SPORTS.

Rationale

At Hukanui School we want to develop Hukanui Learners who 'live active and healthy lifestyles' (Hukanui Charter). To achieve this goal we provide opportunities for children to develop desired skills and attitudes through the delivery of our Health and Physical Education Programme together with our Extra Curriculum Sports Programme. We are committed to providing an environment that encourages participation, a sense of fun and positive competition.

Health and Physical Education:

The Health and P.E. Curriculum at Hukanui adheres to the following guidelines.

Guidelines

- A wide coverage of Health and Physical Education topics from the NZ Curriculum are planned for and taught in class programmes.
- A 'teaching games by understanding' approach is employed that uses a variety of games to develop skills, strategies and tactics needed to become successful in games and sport.
- Annual community event for families is run to promote fun and physical activity. These include 'The Amazing Race' and 'Treasure Island' events which alternate biannually.
- Lunchtime House Sports Competition for Year 5 & 6.
- Sport Mentors (Senior students planning and running games for junior students at lunchtime).
- Easily accessed lunchtime sports equipment. Fit Kits are shared between two rooms with a variety of sports equipment provided for lunchtime use.
- Parent educational sessions held in conjunction with classroom units on healthy living.
- The 'Keeping Ourselves Safe Programme' is taught school wide bi annually in conjunction with the NZ Police.
- Strong links are maintained with external support agencies and organisations. E.g. Dental therapists, Sport Waikato, Kelly Sports, Health Nurse, Project Energise.
- A large variety of extra-curricular sport options for children (see Extra Curriculum Sports Programme).
- Planned school and local interschool swimming sports, crosscountries, winter sports days and athletics.
- A Health and PE Elective is offered each year across all teams.
- An outdoor education programme that develops skills and confidence in a sequential manner. These start with walks and tramps using the local area to overnight camps and then camps further afield of three nights duration for the seniors. The focus alternates each year between water and bush

experiences. The Year 6 Options Programme also offers skill extension and the opportunity to try a new recreation activity. (skiing, caving, horse riding, rock climbing, abseiling and yachting)

- Healthy food options chosen for providing school lunches.
- 'Healthy by Choice Not By Chance' articles and 'Nutrition Nuggets' appearing regularly in Newsletter to promote healthy living.
- A school wide aquatics programme that includes swimming instruction for eleven weeks in term one and a whole school Swimsafe programme developing water safety skills and confidence through daily sessions for one week in Term three.
- Lunchtime fitness options provided include: Jump Jam, Gymnastics, running groups, gully activities, house sports, junior sports mentoring games and team swimming times.
- Grants will be sort to fund programmes and the school will budget annually for the promotion and provision of all health, physical education and sports to minimise as much as possible the effect of user pays.
- The participation of children in sports teams representing the school or in optional O.E. programmes is dependent upon them having a good recent behavior record in class and in the school. Children need to demonstrate they can be trusted for their own and others safety and for the reputation of the school.

(For more detail refer to our Implementation Plan for Health and Physical Education)

Trista Robertson – Health and Physical Education Leader

Extra Curriculum Team Sports.

Extra Curriculum Team Sports at Hukanui adheres to the following guidelines which aim to clarify roles, procedures and responsibilities for players, parents and staff of Hukanui School.

Guidelines

- Deidre Bartels is the Coordinator for all Hukanui Team Sports and is the first point of contact for inquiries regarding all team sports. She can be reached at deidreb@hukanui.school.nz or at the school office 078556037
- Parents and teachers will be encouraged to assist in coaching, managing and supporting sports teams. Without support sports cannot be offered.
- The school will provide practical support and guidance for volunteers when needed to fulfill their role.
- A variety of team sports will be offered for all students to participate in.
- All players fees must be paid before the season commences.
- All players must wear their relevant team uniform with pride.
- Late entries will be put on a waiting list in case a position becomes available on the team.

- All Hukanui children, coaches and supporters will adhere to the following school code of conduct at all times. Failure to adhere to this Fairplay code will result in a warning in the first instance and suspension from the team or coaching position if the behaviour of the child, coach or parent spectator is repeated

Hukanui Fairplay Code

Children, parents and coaches will:

- Act within the rules and spirit of the game
- Promote fair play over winning at all cost.
- Encourage, include and support all players in their team.
- Respect officials' and coaches' decisions.
- Thank players, coaches and officials.
- Fulfil their commitments to the team once the season starts.

Children, parents and coaches will not:

- Use bad language or harass or abuse anyone
- Criticise or ridicule anyone's performance
- Lose control of their emotions
- Be dishonest or show unsporting behaviour
- Be disrespectful.

Team Sports Currently Offered at Hukanui

- These may change during the year depending on student interest and the availability of coaches and managers.

TERM 1		TERM 2	
Cricket	Year 1-6	Netball	Year 4-6
Miniball/Basketball	Year 1-6	Hockey	Year 2-6
Touch Rugby	Year 3-6	Miniball/Basketball	Year 1-6
TERM 3		TERM 4	
Netball	Year 4-6	Cricket	Year 1-6
Hockey	Year 2-6	Miniball/Basketball	Year 1-6
Miniball/Basketball	Year 1-6	Touch Rugby	Year 3-6

Selection for Team Sports.

Hockey

- Maximum 10 players per team.
- Each child will participate in up to 2 trials held at school to determine the team composition. Teams will be graded by ability.
- An expert from Sport Waikato will be present to assist with the selection process.

Cricket

- Maximum 10 players per team. The first players to return forms will have priority except term 4 where players wishing to continue from term1 will

- have priority.
- There are no trials.
- Teams will continue with the same players from year to year where possible.

Basketball / Miniball

- Maximum 10 players per team. The first players to return forms will have priority.
- There are no trials.
- Mixed ability teams across year levels are decided by the teacher in charge of the sport.

Touch Rugby

- Maximum 10 players per team. The first players to return forms will have priority.
- Mixed ability teams across year levels are decided by the teacher in charge of the sport.
- During games there must be a minimum of 2 girls on the field at all times
- They must wear shoes for games and practices.

Netball

- Maximum 10 players per team.
- Teams are created based on prior knowledge of ability following discussion with previous coaches. If necessary a trial may be held.

Deidre Bartels – Hukanui Team Sport Coordinator

Conclusion

A planned well organized and well supported approach is needed if children are to become healthy, active and enthusiastic participants in physical activities, games and team sport.

D Mossop
PRINCIPAL